
Press On!

Webzine

Knowing God's Voice



Real Talk — Who is a Whore?

Maximize Your Fears

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EDITOR'S NOTE



Decisions, decisions, decisions! We often have many to make, but how do we know which are right? In this issue, there are several articles that detail what we need to do to make the right choice.

“Knowing God's Voice,” details how I was almost tricked by what I thought was right. I had to make the right decision and later realized that it was a matter of spiritual life or death. And when God tells me to do something, I’m excited, but somewhere during the process fear surfaces. Read “Maximize Your Fears,” to see how I overcome it.

If you knew it was the last time you would see a loved one alive, how would you want the conversation to end? “Our Last” explains the importance of departing on a positive note.

And if you want to know how far negative words can go, read “Real Talk – Who is a Whore?” to find out when and where I was called that word. You will be surprised!

Also, read “A Tool to Help You Meet Your Goals” because it can help keep you on track to achieving your purpose on a weekly basis.

These are a few articles that appear in this issue. Thank you for reading and sharing *Press On! Webzine*. Don't forget to e-mail me your comments at pmoore@pressonwebzine.com because I love reading them.

Take care. ■

Phenola Moore

Unless otherwise noted, all scripture is King James Version.

“I press toward the mark for the prize of the high calling of God in Christ Jesus.”
Philippians 3:14

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Real Talk — Who is a Whore?

By Phenola Moore

Two places where you can hear the word ‘whore’ used most is in some secular music and at church.

When a speaker talks about the revealing way a female dresses, sometimes the word “whore” slides right out his/her mouth. Whore is defined as “a woman who engages in promiscuous sexual intercourse, usually for money; prostitute; harlot; strumpet” (www.dictionary.com). Yes, a whore may dress provocatively, but she is what she is because of what she is doing, not what she is wearing.

It is prejudiced to think that just because a woman is wearing a short outfit, low top, or tight clothing that she is a whore. To some, it is just a style they are trying to imitate.

If you take a look at what the women are wearing in the media (television, movies, print, etc.) and what the “male big ballers and shot callers” girl friends and wives are wearing, you will see why some girls and women try to imitate their looks.

Many churches try to gear women toward dressing modestly, but to constantly hear females referred to negatively may cause low self esteem in girls and women. Also, boys and men may start treating females in a negative manner.

Let me give you a personal example. After the opening prayer at a bible study, the pastor told us to tell the person next to us what God had delivered us from. Since I wasn’t sitting next to anyone, I turned to the man behind me. He looked me in the eye and said, “you are no longer a whore.”

I felt as if I had been slapped in the face. I didn’t say anything negative back to him (probably because he was a senior citizen), or punch him in the face. LOL. But I then realized that “whore” has been used so much that he thought it was the appropriate thing to say. Wow!

Y’all know I am a proponent of “loving yourself.” I believe that is why God directed me to start writing, but if women are constantly bombarded with negative words about their images in and outside of the church, it will be almost impossible for them to freely love who they are.

So the next time that you want to use the word “whore” as it relates to a woman, picture someone saying it to your mother, grandmother, daughter, niece, or other female you care about, and maybe you will pick another way to verbalize what you want to say. ■



Our Last

By Phenola Moore

A few years ago while sitting on the edge of the hospital bed, my sister, Anna, suddenly became groggy and closed her eyes. As I held her arms to keep her sitting up, she opened her eyes and said, "I love you."

I responded, "I love you, too," and gently let go of her arms so she could fall back on the bed. Those were the last words she uttered before she went into a coma, never to wake up again.

My mother always says "I love you." when we depart. And to this day, I say this to those who I feel connected to in love. It's not a passing gesture, but a deep-felt emotion that I express in words.

I reflected on the phrase "I love you" several times this year, especially as I witnessed the Boston Marathon killings and those who perished in the Oklahoma tornadoes. We truly never know when will be the last time that we see someone.

More than ever, we need to make a conscious effort to slow down enough to reach out to our loved ones regularly. In addition to the traditional modes of communication such as phone calls and snail mail, technology provides the options of e-mail, text and social media. It may only take a few minutes to let family & friends know how you are doing and allow them to share their thoughts.

Don't allow busyness to steal time with people who matter to you. When working on projects that take up a lot of my time, I try to set aside a few hours, in the midst of the project, to share with my family and friends.

I believe if we live each day like it's our last, we will be more careful about the words that come out of our mouths. ■

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The Ultimate Decision

There is a decision that you have to make that will determine where you will spend eternity. Yes, there is life after death and where we spend it is up to us.

You can spend life eternally in hell by not making the choice to let Jesus into your life.



Copy and paste

<http://www.youtube.com/watch?v=4Y5sBvmxKHU>

onto your browser to learn more about what I am referring to. ■

"If you keep looking straight ahead, you won't become distracted."

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A Tool to Help You Meet Your Goals

By Phenola Moore

If you are like me, you set goals at the beginning of each year. Some you achieve, and others you delete or carry into the next year.

What are you doing with the goals that you haven't reached yet?



In Regis Hadiaris' article, "Goal Setting Worksheet and Weekly Planner Template," he suggests creating a weekly planner. To download it, click on the [Weekly Planner Template](#) (Excel version), or the [PDF version](http://dotconnectorblog.com/goal-setting-worksheet-weekly-planner-template-goal-project/), (<http://dotconnectorblog.com/goal-setting-worksheet-weekly-planner-template-goal-project/>).

Hadiaris suggests that we write in all the roles we have. You may need to change the role titles listed on the form. For example, I would delete "husband" because it is not applicable to me.

He suggests that we ask, "What is the most important thing I can do in this role this week? Pull the best high impact/low effort and high impact/high effort goals, tasks, or projects that you will accomplish THIS WEEK from the Goal Setting Worksheet, then fill in the 'Sharpening the Saw' section which contains the four areas of your personal development each week. Sharpening the Saw refers to Habit 7 in 'The 7 Habits of Highly Effective People' by Stephen Covey."

You can either keep this planner on your computer or download it and create a hard copy notebook. A sample of Hadiaris' weekly planner is on page 7.

This organized system will help users track weekly efforts toward their destiny. I hope this system will help you achieve your goals.

Send me an e-mail at pmoore@pressonwebzine.com and let me know how the planner works for you. ■

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Weekly Planner

What is the most important thing I can do in this role this week?

Week of:

ROLES AND GOALS

Role: Sharpen the Saw

Physical:

Social/Emotional:

Mental:

Spiritual:

Role: Husband

Goal:

Role: Father

Goal:

Role: Friend

Goal:

Role: Son

Goal:

Role: Brother

Goal:

Role: Team Leader

Goal:

Role: Blogger

Goal:

Role: Volunteer

Goal:

Source: <http://dotconnectorblog.com>

Maximize Your Fears

By Phenola Moore

Two of the most daunting things that I've done outside my comfort zone in the last few years were to publish *Press On! Webzine* (www.pressonwebzine.com) and post videos on my Youtube channel, ThePhenola (www.youtube.com/user/ThePhenola). Although God told me to do these things, the enemy played with my mind telling me that no one would benefit from either. Thank God the Holy Spirit overrode the enemy's negative comments, and allowed me to release both.

Through the process, I learned the outcome isn't up to me, but God. My part is to do what He says, which I did. I maximized my fears, as Pastor John K. Jenkins, Sr., First Baptist Church of Glenarden preaches, "by running toward them."

Fear has the capability of crippling and stopping us in our tracks. We can overcome it by going forward, relying on God to give us strength, and by encouraging ourselves.

In 2 Kings:4, the Shunammite woman's son died. Verse 21 states, "*And she went up, and laid him on the bed of the man of God, and shut the door upon him, and went out.*"

She knew that she had to quickly get to the man of God. "*And she called unto her husband, and said, Send me, I pray thee, one of the young men, and one of the asses, that I may run to the man of God, and come again.*" (verse 22)

She wasn't looking at her bleak situation, but believed if she got to the man of God that her son would be revived. In 2 Kings 4:24 she told her servant, "*Drive, and go forward; slack not thy riding for me, except I bid thee.*"

We need to have the drive of the Shunammite woman. She went forward by seeking God's help. God is the only one who can snuff out negativity or obstacles that may come our way. He will give us the strength to conquer our bad days, while rejoicing in our good ones.

Sometimes we have to encourage ourselves. In 1 Samuel 30:6, David was distressed because his two wives and the families of the men who had been off to war with him were taken captive. The men threatened to stone him. Instead of succumbing to the fear of being killed, he encouraged himself in the Lord.

Don't allow fears to hinder you from reaching your destiny. Reach out to God, and He will help you. ■

Meditation:

"For God hath not given us the spirit of fear; but of power, and of love, and of a sound mind."
2 Timothy 1:7

Knowing God's Voice

By Phenola Moore



I opened my purse to put my keys in and noticed my wallet was missing. Ugh! I must have left it at home, I thought, and here I was in the church parking lot.

I considered going home because I didn't have my driver's license, but the Holy Spirit said, "Go inside; you will be ok until you get home." I was nervous, but I obeyed.

Before Pastor John K. Jenkins, Sr. preached, he told us to pray for the person on our left and right, which I did.

During the call to discipleship, he gave a plea for those who had backslidden, were looking for a church home, or wanted to get saved to come to the front of the church. He also instructed us to ask the person beside us if he/she wanted to make a decision and, if they answered yes, to walk down with them.

I asked the young lady on my left if she wanted to go down and offered to go with her. She said yes and looked at the young lady to her left. I asked her, too, and she responded yes, so I took them by the hand and the three of us walked to the front.

Thirty seconds later, the man on my right who I had prayed for also decided to make a decision and walked down front. Immediately, the Holy Spirit whispered to me, "That's why the enemy (devil) wanted you go to home. He didn't want you here to pray for them and ask if they wanted to go forth."

I know it was the Holy Spirit because when I got home, I discovered that my driver's license was in my purse after all. It was confirmation that the enemy wanted to confuse me enough to go home, and miss out on praying for two people who decided to accept Jesus in their life.

Knowing God's voice is so important, and I am glad that I obeyed Him that Sunday morning. ■

Meditation:

"And when he putteth forth his own sheep, he goeth before them, and the sheep follow him: for they know his voice." John 10:4



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“I press toward the mark for the prize of the high calling of God in Christ Jesus.” Philippians 3:14

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